

FASTING:

Fasting, simply stated, is about eliminating distractions in order to draw nearer to God. Fasting gets us focused on God and renews us from the inside out. The most important part of prayer and fasting is your time with God.

We're asking our entire church family to join together in united prayer and fasting for 21 days. We're suggesting the following different types of fasting. Your personal fast should present a level of challenge, but it is very important to know your own body and to seek God in prayer and follow what the Holy Spirit leads you to do. Remember, it is the attitude of a heart sincerely seeking Him to which God responds with a blessing (Isaiah 58).

WHY FAST?

- Do you desire to know God's will and direction for your life?
- Are you in need of a miracle or breakthrough?
- Do you have a dream inside you that only God can make possible?
- Are you in need of a fresh touch from God in your life?
- Do you want a deeper, more intimate and powerful relationship with the Lord?
- Are you ready to have greater sensitivity to the Holy Spirit's voice?
- Do you need to break free from bondages that have been holding you captive?

- Do you have a friend or loved one that needs Jesus?
- Do you sense that God has more for your life?

TYPES OF FASTING:

- **Complete Fast:** drinking only liquids, typically water, with juice as an option.
- **Daniel Fast:** removing meat, sweets and alcohol from your diet (see Daniel 1:8).
- **Partial Fast:** sometimes called a Jewish Fast, calls for abstaining from food for a specific part of each day. This might be from sunup to sundown, or 6 am to 3 pm, lunches, or something suitable for you.
- **Electronic Entertainment Fast:** abstaining from social media and all forms of electronic entertainment (movies, TV, video games, etc.). This is a wonderful fast for everyone! This is also a good fast to combine with one of the food fasts. It's helpful to refocus areas of life that might be out of balance. When breaking the fast, carefully bring that element back into your life in an orderly fashion.
- **Dummy Fast:** fast from what pacifies you, what has mastered you, addictions, etc.

WHY PRAY?

Prayer is a two-way modem for communicating with God. Prayer is not just talking to God but it is also listening to hear what He has to say. Our primary goal in prayer should be to know Jesus and to experience Him. When you pray, surrender totally to Him and tell Him about your desire to glorify Him. Focus on who He is, His character, love, goodness, and greatness.

Make a commitment to communicate with God DAILY by scheduling time to spend with Him. If you don't plan to pray, you won't. Find worship music to listen to – this will help set an atmosphere for entering into the presence of the Lord.

Jeremiah 33:3 NIV, "Call to me and I will answer you and tell you great and unsearchable things you do not know."

PRAYER FOCUS:

Ask the Lord to show you areas to target during your time of fasting and prayer. We believe that as we seek God and give Him our best, He will show us what/how to pray and bless our efforts.

WEEK 1 – May 2nd to 8th - YOU & YOUR FAMILY:

Day 1 - Ask for guidance in your life.

Day 2 - Allow God's Word to be alive & active in your life.

Day 3 - Family & Marriages – The family unit is under attack. Ask for God's protection and restoration.

Day 4 - Believe God for answered prayer for specific needs.

Day 5 - Ask for victory over areas of sin, asking for forgiveness for your sins.

Day 6 - Godly boldness to be evident in your life.

Day 7 – Walk in forgiveness

WEEK 2 – May 9th to 16th - OUR CHURCH:

Day 8 - God's Church - Revival, and Spiritual Awakening

Day 9 - Christian Workers – Boldness to share the Gospel

Day 10 - Children & Youth Ministries – Pray that they would have an understanding and knowledge of God is and wants to be in their lives.

Day 11 - Inviting the Presence and power of God to work in our church.

Day 12 - The body of Christ would grow in the Knowledge of God.

Day 13 – Pray for volunteers/leaders of the ministries of FWA.

Day 14 – Pray for the Pastors of FWA.

WEEK 3 – May 17th to 22nd - OUR WORLD:

Day 15 – Healing for the sick & hope for the hurting.

Day 16 – Pray for your neighbors - walk your neighborhood several times per week and pray for the people who live in each house.

Day 17 - The Education system – Pray for our schools, leaders, teachers & students.

Day 18 – Businesses & The Economy - Ask God to raise up godly businessmen and women to be witnesses for Him wherever they serve.

Day 19 - Government - The apostle Paul instructed Timothy in his first letter to this young leader to, “pray for all that are in authority” (1 Timothy 2:1-2).

Day 20 - Justice & Unity - Justice is defined as “the upholding of what is just, especially fair treatment in accordance with honor, standards, or law.” It is to “treat adequately, fairly, or with full appreciation.”

Day 21 - Praying for our city/county – that God would draw people to Himself and many hearts would turn to Him.



Family Worship Assembly
Love God, Love People & Serve Our World

**21 Days of Prayer & Fasting:
May 2 to May 22, 2021**

***“AMERICA IS IN NEED OF AN
UPRECEDENTED SPIRITUAL
AWAKENING.” – Dick Eastman***